

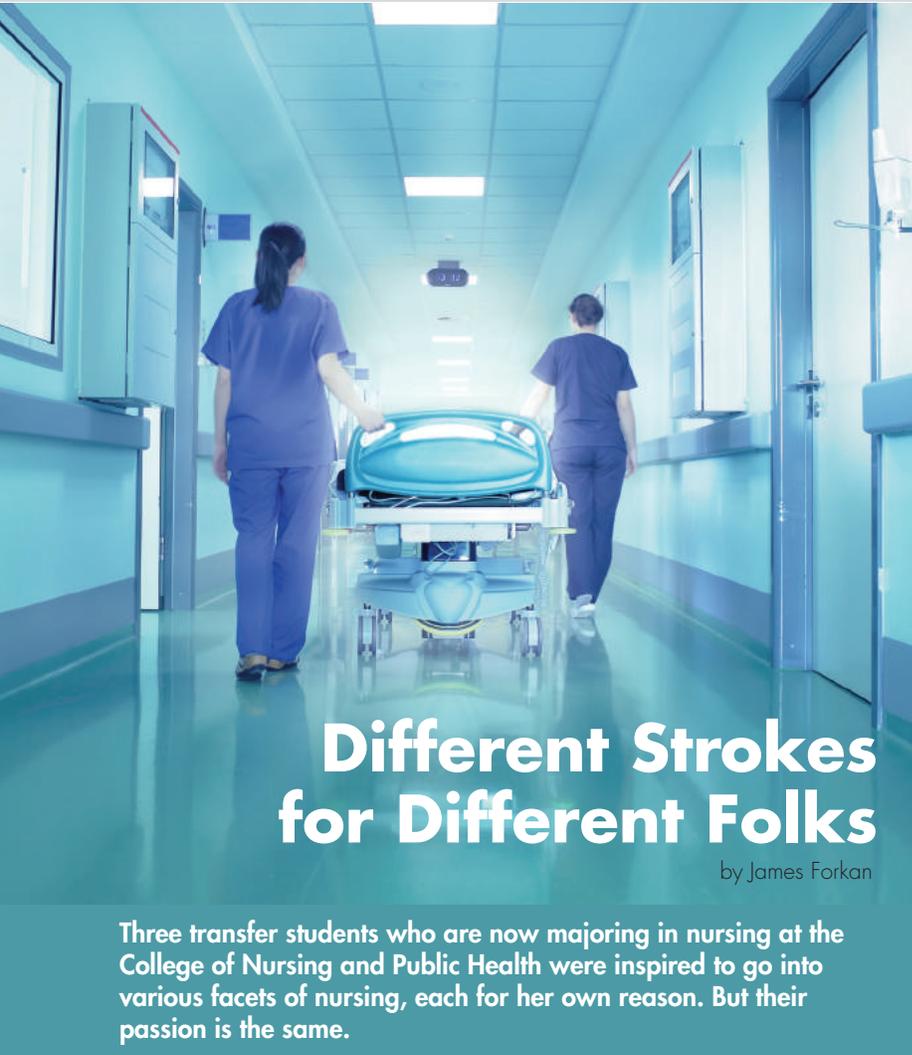


# ADELPHI UNIVERSITY NEWS TRANSFER STUDENTS LETTER

FOCUSING ON TRANSFER STUDENT SUCCESS

FOR STUDENTS AND ADELPHI UNIVERSITY'S PARTNERS IN HIGHER EDUCATION

Vol. 26, SPRING 2016



## Different Strokes for Different Folks

by James Forkan

Three transfer students who are now majoring in nursing at the College of Nursing and Public Health were inspired to go into various facets of nursing, each for her own reason. But their passion is the same.

**Meaghan Lynch**  
Nursing Major  
Transferred from Nassau  
Community College

Meaghan Lynch hopes to become a registered nurse working in pediatric oncology and hematology after her anticipated graduation in May 2018. She transferred from Nassau Community College (NCC) in Fall 2015.

"As a nurse, you're not only dedicated and trained in how to provide medical treatment, you're a hand to hold, a shoulder to cry on, an ear to listen and someone there to remind the patient that they're safe, they're being cared for and that they are going to get better," she observed. "It's not just a job, it's a job that truly makes an impact on someone's day and sometimes even someone's life."

Not so long ago, however, she didn't plan to follow that career path. Instead, Lynch had intended to pursue an English/theater double major—only changing course after

taking a Biology 101 class that proved surprisingly exciting. Lynch, who took that class to fulfill a laboratory science requirement at NCC, recalled she had hated biology in high school but her professor made this class "so much fun, interesting and exciting. That class made me realize I wanted to go into the medical field." She then zeroed in on nursing "because of the one-on-one relationships nurses get to have with their patients."

Once decided on a nursing career and to stay on Long Island, she said, "My two top choices were Adelphi and Molloy [College]." She saw Adelphi as a better fit. "Adelphi's nursing program strongly focuses on learning technical skills—but also on caring for the patient as a whole person, not just as a patient," she said.

She explained, "I really liked that part of Adelphi's nursing program was community service, because giving to people and helping others is one of the main reasons I chose nursing."

"Eventually," she said, "I'd like to either get my master's and become a nurse practitioner or possibly even go back to school to become a physician's assistant."

Elected in the Fall 2015 Student Government Association (SGA) elections in which she was the only transfer senator candidate, Lynch joked, "Clearly it was a very close, suspenseful race, but I got the position."

Her main campaign issue was increasing mental health awareness on campus. "Mental health is a huge issue on college campuses across the country, especially with depression and anxiety," she said.

Studies of college students bear that out. *The New York Times* last year, for instance, reported that anxiety replaced depression as the most common mental health problem on college campuses—55 percent to 45 percent. The *Times* cited the 2014 annual report by the Center for Collegiate Mental Health at Penn State; 100,000 students were surveyed.

"Many students experience symptoms and are unsure of what's happening to them, are afraid to seek help because of the stigma of mental illness or are unaware of the services their campus offers," she explained. "I'm hoping to work with our counseling center to create greater awareness."

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**TOP 10 LISTS**

**WHERE ADELPHI TRANSFERS  
COME FROM\***

**COMMUNITY COLLEGES**

- Nassau Community College
- Suffolk County Community College
- Queensborough Community College
- Borough of Manhattan Community College
- LaGuardia Community College
- Kingsborough Community College
- Westchester Community College
- Rockland Community College
- Dutchess Community College
- Herkimer College

**SENIOR COLLEGES**

- Farmingdale State College  
(State University of New York)
- Hunter College (City University of New York)
- Touro College
- Molloy College
- St. John's University
- Old Westbury (State University of New York)
- York College (City University of New York)
- University at Albany (State University of New York)
- Medgar Evers College (City University of New York)
- Stony Brook University  
(State University of New York)

\* In descending order, based on Fall 2015, Spring 2015 and Fall 2014, as tabulated by Adelphi's Office of University Admissions



**ESTHER GOODCUFF**  
Associate Vice President  
for Enrollment Management  
and Student Success

## EASING THE WAY

**A**s you will see from reading this semester's student profiles, transfer students thrive at Adelphi.

Our complete commitment to fostering their smooth transition includes: pre-enrollment events, carefully targeted academic advisement, e-tools to assist with understanding transfer credit and early program planning, transfer-specific admissions, financial aid, peer-to-peer counseling, transfer orientation programs and post-enrollment student life activities purposely designed to assist new transfers' integration into the Adelphi community.

Several years ago, I developed the Transfer Initiatives Committee, an award-winning interdepartmental team of Adelphi professionals whose sole purpose was, and still is, to study the needs of transfer students and develop pre- and post-enrollment opportunities that facilitate their smooth transition. This committee continues to meet and strives to build on best practices developed to benefit our transfer students.

At Adelphi, transfer students are a focus, never an afterthought, and I think that this rings true in the student profiles and opportunities highlighted in our newsletter.

Ours is a vibrant campus, whose community is both welcoming to transfer students and enhanced by their presence. As our newly inaugurated president, Christine Riordan, Ph.D., always says, "People make the place" and transfer students are among our people!

Enjoy the semester.

Regards,

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*Transfer Students Newsletter is published twice a year by the Office of Marketing and Creative Services.*

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# TALK BACK

— Email [transferfocus@adelphi.edu](mailto:transferfocus@adelphi.edu)

IN EACH ISSUE, WE INSERT A SURVEY POSTCARD TO ASK FOR YOUR INPUT.



Melissa Manchester



Laura Benanti



Eddie Huang



Tim Gunn

## What popular entertainers (singers, actors, etc.) have appeared and will appear, if you know yet, at Adelphi's Performing Arts Center?

Many noteworthy singers have entertained at the Adelphi University Performing Arts Center (AUPAC) over the past few years in genres running the gamut from pop and country to Broadway. Add singer-songwriter **Melissa Manchester** to the list; she's set for May 14, 2016.

Manchester's biggest hit songs are the Grammy Award-winning "You Should Hear How She Talks About You" (1982) and Grammy-nominated "Midnight Blue" (1975); both were top-10 hits.

**Kris Allen**, the 2009 winner on Fox's *American Idol*, serenaded attendees in September 2015. Earlier in the year, country singer **Rosanne Cash** performed songs from her Grammy Award-winning CD *The River and the Thread*.

Still other singers have taken to our stage, from **Maureen McGovern** and **Bobby McFerrin** in 2013 to **Bruce Hornsby** in 2012. McGovern is best known for "The Morning After," McFerrin for "Don't Worry, Be Happy" and Hornsby for "The Way It Is"—all No. 1 hits.

**Laura Benanti**, a Tony Award winner for her role in Broadway's *Gypsy* and an actress in CBS' *Supergirl* series, ABC's *Nashville* series and NBC's *Sound of Music Live!* telecast, lit up the Westermann Stage in the Concert Hall at AUPAC in March 2015. Other Broadway performers have included **Liz Callaway** (July 2015) and **Tommy Tune** (2014).

In October 2015, Tony winner **Nikki M. James** (*Book of Mormon*)—who also has a recurring role on CBS' *The Good Wife*—keynoted "A Day With the Arts" at AUPAC to give 200 Long Island high school students an opportunity to explore their passion in dance, music and theater.

That same month, three songwriters were showcased in Three Women and the Truth: **Lori McKenna**, whose latest credits include "Girl Crush" by Little Big Town and "I Want Crazy" by Hunter Hayes; **Gretchen Peters**, whose songs include Martina McBride's "Independence Day"; and **Mary Gauthier**, whose songs have been recorded by Blake Shelton, Jimmy Buffett and others.

Meanwhile, the Student Activities Board booked **Fetty Wap** and **Shaggy** for an April 23 concert. Previously, singers **Kesha** (2015) and **Jason Derulo** (2014) and comedians **Kate McKinnon** (2015), **Kevin Hart** and **Jay Pharoah** (2012) also played at Adelphi.

Several actors have also appeared at Adelphi. **Hal Linden**, best known for the title role in the popular sitcom *Barney Miller*, performed his variety act (2011), while **David Duchovny** (2013) lectured.

In March 2015, **Kal Penn**—an actor who worked for a time in the Obama administration's White House Office of Public Engagement—lectured and taught a master class. Another speaker that month was author/producer **Eddie Huang**, whose memoir, *Fresh Off the Boat*, inspired ABC's current sitcom of the same name.

Then there's **Tim Gunn**, best known as the co-host and co-producer of Lifetime's *Project Runway* series; his lecture was in October 2015. Gunn, like Penn and Huang, spoke at the Ruth S. Harley University Center (UC).

In February 2016, **John King**, CNN's chief national correspondent, also lectured at the UC.

## Adelphi, 10 Years as a *Fiske Guide* Best Buy



For the 10th consecutive year, Adelphi has been recognized by the *Fiske Guide to Colleges* as being among a select group of Best Buys in higher education.

Adelphi is one of just 24 independent schools nationwide and the only independent school on Long Island and in the metropolitan New York area given this designation for 2016.

Story continued from cover.

## Genna Giordano

Nursing Major

Transferred from Fordham University



Genna Giordano came from Fordham University, where she earned a bachelor's degree in psychology. "As a second degree student, I was looking for a program that would help me to achieve my goal of becoming a nurse and would prepare me for my career," she said.

"Adelphi has a great reputation, an amazing nursing program and a really incredible faculty."

Giordano, due to graduate in August 2016 from the Accelerated B.S. in Nursing program, added, "I've always been interested in medicine. I wanted a career where I could make an active difference in someone else's life."

Although she has not yet decided on a specific aspect of nursing, she said, "Eventually, I'd like to teach."

Giordano is active in several campus organizations—Student Nurses Acting for Progress (SNAP), Tau Sigma and Habitat for Humanity.

"My favorite thing about SNAP," she said, "is the connections I get to make with other student nurses. It's a great way to share our experiences and discuss our struggles."

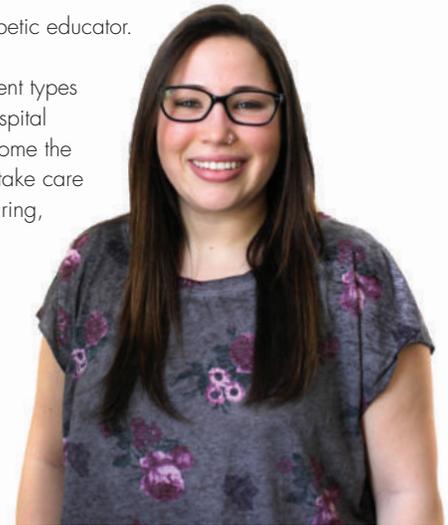
As treasurer of the Adelphi chapter of Tau Sigma Transfer Honor Society since September 2015, she said she gets "the opportunity to meet with transfer students from all different backgrounds, and we can discuss in an open forum all of our experiences transferring into Adelphi."

Amanda Krakoff was inspired to pursue nursing because she has juvenile diabetes. Specifically, she hopes to become a pediatric diabetic educator.

## Amanda Krakoff

Nursing Major

Transferred from Nassau Community College



"I encountered many different types of nurses throughout my hospital experiences. I want to become the nurse that I would want to take care of me—compassionate, caring, empathetic, educated and attentive," she said.

Krakoff, a Nassau Community College transfer, selected the College of Nursing and Public Health because of its great reputation and beautiful campus.

A member of Tau Sigma, Krakoff also belongs to the International Nurses Association (INA). She will be included in the INA's *Worldwide Leaders in Healthcare*, an annual reference guide distributed to hospitals and doctors' offices.

Scheduled to graduate in December 2016, she described nursing as "a hard major" but pointed out that "connecting with peers and professors makes it so much easier. My classmates and I are so supportive and understanding of each other—that's the best part about Adelphi."

## Nursing Students Address Miss America's Nursing Flap

Controversy arose from a surprising part of ABC's *Miss America* telecast last September—the talent segment, in which Miss Colorado, Kelley Johnson, while wearing scrubs, delivered a heartfelt monologue about nurses being underappreciated.

The next-day mocking criticism by Joy Behar and others on ABC's *The View* led to some sponsors pulling their commercials—notably Johnson & Johnson, which has been running TV campaigns supportive of the nursing profession since 2003.

Though Johnson spoke movingly about Joe, an Alzheimer's patient who made her realize the importance of being a nurse, Behar mocked

her for wearing a so-called doctor's stethoscope and Michelle Collins sneered that she "basically read her emails out loud."

Nursing majors Genna Giordano, Amanda Krakoff and Meaghan Lynch were among those expressing opinions when asked about that contestant's performance and the aftermath.

Recalling discussions she and classmates had, Lynch said, "Although the opinions of the women on *The View* bothered us, I did not take it personally. As a student in such a rigorous program, I know the amount of work that goes into becoming a nurse."

She agreed with Johnson that "nurses truly are underappreciated simply because most people have no idea of just how much nurses are responsible for, and how often nurses go beyond those responsibilities." She added, "While Joy Behar may never know the weight of carrying a patient's life in her hands, or how to use a stethoscope, she will also never know the true joy that comes with nursing."

## FOCUS ON FACULTY: Andrea Ward, Ph.D. College of Arts and Sciences

Literal or abstract, scientific or artsy, Andrea Ward, Ph.D., associate professor in the Department of Biology, refuses to believe that the distinctions made between the left and right brain are that pronounced. In fact, she's already built and traversed the bridge.

The creator and professor of Adelphi's Anatomy of Dance class, Dr. Ward has successfully combined her own lifelong passion for dance with her professional work, helping Adelphi dancers fine-tune their performances by understanding the capabilities and limits of their bodies.

"The idea [of the class] is to give dancers a better idea of their own bodies. What scientific information can I convey to better their art form and their careers for greater longevity?" Dr. Ward said. "We watch film and analyze movement. They break down movement, as far as what a muscle is doing," she continued. She even brings physics to the class, teaching students how even a small body adjustment can help them jump higher and turn more.

The class is divided into three sections, the first two dealing with anatomy. Students examine the spine, knee, ankle, hip and more to see how each area works best, and what kind of alignment issues dancers should be concerned about. "We talk about what tendencies dancers do that cause problems and we go over injuries, how to



rehab those injuries and how to prevent them," Dr. Ward said. In the last portion of the class, students conduct experiments in the studio. "Here, we put all the anatomical information they've learned into practice."

The Anatomy of Dance is a reflection of Dr. Ward's lifelong pursuit of perfection. Even as a 5-year-old enrolled in her first ballet classes, she constantly challenged herself to think through the science that would improve the art. "When I was dancing, I spent a lot of time trying to figure how I could do my steps better. I wondered how I could look better on stage, how I could get my leg higher, how I could jump higher," Dr. Ward said. As she carried her passion through college and into her studies for a Ph.D. in biology, the idea for the class began to grow legs.

By the time Dr. Ward had graduated with a Ph.D., her interest in what her body was capable of on the dance floor morphed and matured into a broader sense of study that benefits our understanding of human anatomy. Her passion for dance and study of the body is also the inspiration for her research. Currently, she is studying the link between anatomy and locomotion, observing how adverse environments affect the vertebral growth of fish.

"It's all sort of connected," Dr. Ward said, smiling. "I enjoy my work and I love that I can incorporate all of my interests into one day at Adelphi."

—Adapted from an article by Jordan Chapman in the Spring 2013 issue of *The Catalyst*, the College of Arts and Sciences newsletter

Lynch observed, "A hospital can be a lonely place, especially for patients with no family or friends, or a patient going through a difficult disease like Miss Colorado's patient, Joe."

In Lynch's view, "Nursing is a talent, one not easy to show others on a stage like a song or a dance."

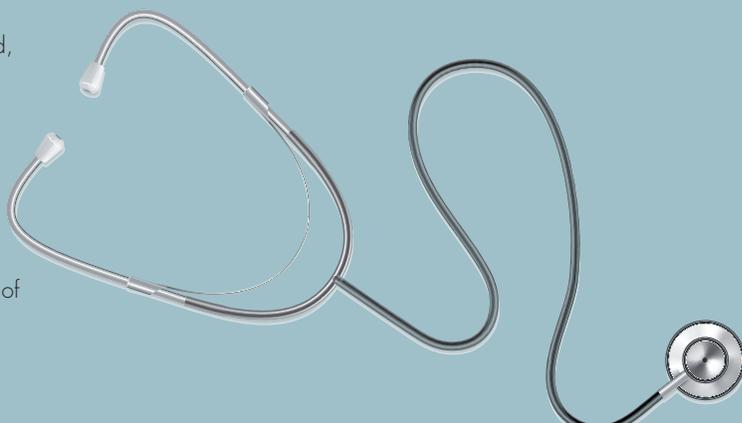
Agreeing with that, Krakoff added, "I thought the contestant's monologue was touching and definitely something I could connect with." She and her classmates "felt offended for the Colorado contestant," Krakoff said, "because we all know how hard it is to be a nurse."

She added, "I was disappointed at Joy Behar's reaction in saying she was wearing a 'doctor's' stethoscope. Nurses play such a huge role in medical care and their comments only proved that nurses are underappreciated."

However, Giordano was less upset. "To be honest, I didn't think much of it," she said. "This is a common stereotype that nurses face."

In any case, she felt, "People generally don't go into nursing for the glory or the recognition. You need to have the confidence in yourself as part of the medical team to know that you make some kind of a difference."

The View bars were a topic of discussion among her classmates but, Giordano said, "We've got bigger fish to fry than worrying about someone's offhanded ignorance."



# TRANSFER COUNSELORS CORNER

## A Community College Perspective



by **George A. Muchita**  
**Four-Year College  
Transfer Coordinator,  
Queensborough  
Community College**

### Transfer Times Have Changed for the Better

Ultimately, my goal at Queensborough Community College (QCC) is to offer students the opportunities and services that were not available to me when I was a prospective transfer student.

Students at QCC and elsewhere must realize the importance of completing their two-year degree program.

Having that degree, in most situations, guarantees the first two years of your four years are over and done with. You will transfer into a four-year school as a junior and be able to declare a major and commence taking your major courses, something you were unable to do prior to that point because you did not have junior status.

Here's another indication of the importance of receiving the two-year degree: Four-year

colleges are offering scholarships to students transferring in with their associate degree. This is becoming more and more common. The objective of QCC's Transfer Resource Center is to provide outreach to all students who are about to graduate or otherwise leave QCC, especially those contemplating transfer to other institutions of higher learning.

That would encompass students who want to continue their education at another two-year institution; or those who wish to transfer to a four-year college (CUNY, SUNY or private); or those who may be looking for a school with an appropriate career-related curriculum.

Besides aiding students in finding a college that suits their educational goals, our office points out what scholarships are available to help pay for that education.

Students today are so fortunate, even though they may not realize it. When I was a student attending Queensborough Community College (1970–1972), the majority of students were enrolled in career programs, curricula developed to aid them in their quest for employment immediately after graduating.

A few planned to further their education by obtaining their bachelor's degree and more. When I was ready to transfer, there wasn't an office dedicated to assist students contemplating continuing their education at a four-year institution. Students had to do their own research for schools that had the majors we were interested in. I developed my own plan to research and find that perfect school.

Now I help others do the same.

*George A. Muchita was recently honored by Queensborough Community College for more than 40 years of service. He has served QCC in many roles, as compliance officer, assistant business manager-bursar, director of career counseling/job placement, counselor, fiscal coordinator for college discovery—and, for the past 10 years, as transfer coordinator and director of the Transfer Resource Center.*

*Besides sitting on QCC's Awards and Scholarships Committee, he serves on the Executive Board and the Issues Committee of the New York State Transfer and Articulation Association.*



**6,500+**  
**Transferred to Adelphi  
since Fall 2004**

From Fall 2004 through Fall 2015,  
**6,589 students**  
have transferred to Adelphi, according to the  
University's Fall 2015 *Data Book*.

Photo courtesy of *The Delphian*

## Finding Her Passion for Teaching

by Rebecca Endres '15

Once upon a time, there was a girl who loved fairy tales and wanted to be a teacher. As a young adult, that girl became an adjunct professor at Adelphi, where her courses include *Fairy Tales, Folktales and Their Contemporary Counterparts*.

Following her graduation, Arli Middendorf '11, M.F.A. '13, was given the opportunity to propose and teach the topic as a first-year seminar in Adelphi's Department of English. In that seminar, which she calls her brainchild, she teaches students to be more inquisitive and to recognize how much fairy tales have permeated pop culture.

She said, "Teaching is something I always thought I was interested in. Going into education was natural for me. And the M.F.A. program offers you the opportunity to teach [as a graduate assistant]. That way I could test 'Is this something I enjoy, is this something I'm good at?'"

Her freshman students are exposed to a number of tales—from the Brothers Grimm and others—to analyze the stories' darker undertones. She describes most of her students as "really excited by the discovery of what fairy tales are supposed to be versus what they've grown up believing."

Prime-time TV series like ABC's *Once Upon a Time* and NBC's *Grimm*, and movies, including *Frozen* and several live-action *Snow White* productions, have brought fairy tales into the limelight in recent years.

However, Middendorf feels that fairy tales have never gone out of style and that many figures in pop culture—from DC Comics to Disney—are modernized versions of the heroes that we read about as children.

Middendorf, who also teaches introductory English courses, said, "We're obsessed with fairy tales because they deal with struggles that we haven't solved yet. Fairy tales are at heart about maturing—growing up and exploring identity. I think that's something our generation of young people today are always struggling with, trying to catch up with the influences of technology, the heartbreaking social difficulties that we're battling."

Transferring to Adelphi from Suffolk County Community College was an easy choice for Middendorf, an English major attracted to the prestige of Adelphi's English department. "I also looked up some of the alumni from Adelphi," she said. "Alice Hoffman is one of my favorite novelists. When I saw she was an alumna, it pretty much sealed the deal for me."

MELISSA BISCARDI  
SOCIOLOGY MAJOR (STEP)  
TRANSFERRED FROM ST. JOSEPH'S COLLEGE

by Cari Costa '16

"When I originally applied to colleges, I didn't even apply to Adelphi," Melissa Biscardi said. "When I decided to transfer, I was looking for a school close to home and found out Adelphi had a five-year education program. I decided to go to a Transfer Day, and that's when I got accepted."

A sociology major in the five-year Scholar Teacher Education Program (STEP) for elementary education and a St. Joseph's College transfer, Biscardi has had her heart set on becoming a teacher since childhood.

"My second-grade teacher was the first teacher to acknowledge how much I struggled with school and worked with my family and me throughout the year," said Biscardi, a senior. "Without her, I probably wouldn't have excelled in school as much as I did. I decided that I wanted to be a teacher so I could hopefully one day impact a child's life like she did for me."

Now that she's attending a school closer to home, Biscardi is able to commute. Although she doesn't live on campus, she has found plenty of ways to get involved on campus



beyond the classroom.

Biscardi—who until November 2015 was a transfer ambassador, assisting new transfers with their transition to Adelphi—is president of Adelphi's chapter of Tau Sigma, the transfer honor society, and is involved in Greek life.

As Tau Sigma president, she has enjoyed getting to know other transfers and helping them become more involved on campus. "When I first became president," Biscardi

said, "the chapter was almost nonexistent at Adelphi. I worked alongside CSI [Center for Student Involvement] to build it up on campus and create a constitution."

Biscardi also belongs to the Future Teachers of America (FTA), which she calls a great resource for her career aspirations. "The FTA serves as a way to broaden our horizons as future teachers." For instance, she said, "They recently invited different people to speak about their experiences teaching internationally."

Though she expects to graduate in May 2016, Biscardi still has more time at Adelphi ahead of her. As part of STEP, Biscardi will go straight into the master's degree program in childhood special education at Adelphi. After completing the master's degree, she said, she hopes to teach first grade.

Biscardi greatly values the time she's gotten to spend at Adelphi, along with everything that she's learned. She hopes that other transfer students will be able to feel as comfortable with Adelphi as she has.



**TRANSFER TIP:** "My biggest piece of advice for transfer students is to get involved," Biscardi said. "Adelphi has so much to offer, you have to take advantage. Once you get involved in one thing, you end up getting more and more involved and, soon enough, Adelphi becomes your second home."

## From Coaching to Teaching

by Rebecca Endres '15

Casey Twibell '05, M.A. '11, and Melanie O'Brien '14 coached sports teams at Adelphi before leaving in spring 2015 to pursue teaching opportunities.

Twibell was an assistant coach of the Panthers baseball team for 10 years, while O'Brien served in a similar capacity with the Panthers women's basketball team for one season. Earlier, both had transferred from Nassau Community College as athletes on the teams they would later coach.

Once he decided—years after earning a bachelor's degree in business—that he wanted to pursue a master's degree in physical education while continuing to coach, Twibell found Adelphi supportive. His dedication paid off earlier this year, when he became a physical education teacher at P.S. 256 in Far Rockaway, New York.

In the process, Twibell, who led from the sidelines in his coaching role at Adelphi, now is more front and center as a physical education teacher. He's also coaching the school's tennis and track teams.

O'Brien spoke with several Adelphi coaches before transferring, then went on to play for the Panthers basketball team while earning a bachelor's degree in physical education. "All the professors cared deeply about my future as well as how I was doing," she said.

O'Brien, who also hopes to become a teacher, currently works at the Great South Bay YMCA in Bay Shore, New York, and coaches boys' basketball for the Long Island Lightning, a nonprofit sports organization. "When you're coaching or teaching kids," she explained, "you're developing them for the future and focusing on teaching them fundamentals."





## BRYAN GRILLI

### JOURNALISM/ENGLISH MAJOR

TRANSFERRED FROM SIENA COLLEGE

by James Forkan

Bryan Grilli, who arrived at Adelphi's College of Arts and Sciences as a transfer student in Fall 2013, became editor-in-chief of *The Delphian*, the University's student newspaper, in under two years.

While at Siena College in Albany, New York, he had been pursuing political science/pre-law until he took a course called Broadcast Journalism—that changed everything.

"I loved the writing and thought journalism would be a good fit for me. It even inspired me to join the newspaper there [Siena] and transfer to a university that offered journalism as a major."

After briefly looking elsewhere, Grilli said, "I picked Adelphi for a few reasons. I had heard Adelphi had a reputable communications program. I also knew I wanted to transfer to a school with a more intimate campus and small class sizes." Location was another key factor. "I liked how close Adelphi was to home [Franklin Square]."

Grilli has since become a double major—in communications, specializing in journalism, and in English, specializing in creative writing.

He joined *The Delphian* almost immediately after starting at Adelphi. "I knew it was something I wanted to do," he said. He then rose through the ranks, from a staff writer (2013–2014) to news editor (2014–2015).

"I was incredibly proud to be named editor-in-chief and [proud of] some of what I've initiated in the position so far, like reorganizing the office and changing the newspaper's layout," he said.

In May 2015, Grilli received the Burt Hochberg Scholarship for Ethical Journalism for his outstanding work in journalism and for representing the ethical and professional ideals associated with this award. But when asked the high point of his *Delphian* career to date, he cited something else entirely.

"[It was] when I was told by Stephen Levine, the 2013–2014 editor-in-chief, that I was being considered for the role of news editor," he answered. "Even though it was a lower position than the one I now hold, it came to me as a bit of a shock and gave me a huge boost of confidence. I didn't think my writing stood out as much as it did."

Grilli has participated in other activities, but not to the extent of his *Delphian* involvement. "I was in the Debate Society [in 2014] before it transitioned into an academic organization and I've been to a few meetings of the GAMES [Gamers and Artists Making Epic Software] Club."

Looking ahead to his expected Spring 2017 graduation, Grilli admitted that he's currently unsure of his career plans. "As long as I'm doing something that involves my two passions—writing and editing—I'll be pretty much satisfied."



**TRANSFER TIP:** One piece of advice Grilli would offer prospective transfers is, "Try and pick at least one organization that they think they could be interested in and join it. Meeting people with similar interests is a great way to make friends." He observed, "The hardest part of being a transfer student is the social aspect of it. Being a commuter transfer student is even more difficult because there's a temptation to just go to class and then leave."



Sean McCann '15



John English



# LAX Transfers: Stayed Together, Played Together

by Sophia Conti '15

Transferring to a new school is daunting to many, but when John English started at Adelphi, he felt at home right away.

He was among several students who transferred from Nassau Community College (NCC) to Adelphi; many played together on the men's lacrosse teams for both schools. Two, English and Travis Wahl, are now seniors. Two others, Sean McCann '15 and Tim Daly '15, are new AU alumni.

While a member of the NCC lacrosse team, English had visited Adelphi several times. "Nassau and Adelphi have a really strong relationship," he said. "The coaches know each other well, and we would play scrimmages on the Adelphi field."

English—who as a junior was a 2015 Northeast-10 (NE-10) First Team All-Conference Award winner and also was on the NE-10 Commissioner's Honor Roll (Fall 2014 and Spring 2015)—noted that in Fall 2014, when he started at Adelphi, three of his NCC teammates (including Wahl) transferred as well, not just to the University but to its Division II lacrosse team. Four others (including McCann) had transferred the previous year.

These built-in relationships were crucial to English's smooth transition at Adelphi. "Having guys I knew transfer with me definitely helped me transition more easily," he said. McCann agreed. "I knew I had friends before I even started my first day of classes," he said.

Beyond having the comfort of familiar faces, English found Adelphi to be a welcoming, supportive place. The lacrosse coaches were also a big help, encouraging their new players to take advantage of Adelphi's many academic resources, English said. "The coaches made the recruiting process go very smoothly," McCann added.



**TRANSFER TIP:** English has been happy with his time at Adelphi—and he has some advice to help the next crop of transfers make the most of their experiences. "Take advantage of the resources that are available to you," he advised, emphasizing the benefits of a library with late hours (especially helpful for athletes with evening practice) and the Learning Center and Writing Center.

Adelphi actually is English's second transfer, since he had spent a year at the State University of New York College at Brockport before

switching to NCC. McCann has a similar story: He attended Belmont Abbey College in North Carolina for a year before attending NCC.

For both McCann and English, Adelphi's Division II lacrosse team was a major draw. "I wanted a school that was close to home, had my major and had a high-level lacrosse team," English said. "Seeing the strong relationship between NCC and Adelphi also made me interested in coming here." While McCann considered playing lacrosse for St. John's University, Adelphi's small size, affordable tuition and position in the NE-10 Conference persuaded him to choose Adelphi.

A criminal justice major, English said, "I became interested in law enforcement because I have a lot of NYPD officers in my family. But I'm looking into more than just police work." While English awaits the results from several police-related exams, he is also exploring the recruitment process for positions with U.S. Customs and the Secret Service.

McCann also studied criminal justice but is opting for a more hands-on career in construction. "I've always liked working with my hands and working outside," he said. "It's physically demanding, so being a former athlete is helping me excel."

Ultimately, Adelphi simply makes an easy transfer experience. With engaged coaches and established resources for academic and student support, McCann and English described an inviting, encouraging atmosphere for transfers. "Adelphi is a small campus and very tight-knit," English said. "It's just very easy to acclimate to."

## Adelphi Athletics by the (GPA) Numbers

For the second consecutive year, the Adelphi University women's softball team posted the highest overall GPA across all divisions and teams recognized by the National Fastpitch Coaches' Association (NFCA). The Panthers posted a team GPA of 3.785 for the 2014–2015 academic year.

Besides the team GPA honor, 15 Panther softballers made the NFCA All-America Scholar Athlete list with a 3.5 or higher.

Moreover—also for the second year—the Panthers softball team's GPA was the highest among the 24 teams that won Northeast-10 (NE-10) Conference 2014–2015 Team Academic Excellence Awards.

Adelphi's NE-10 champion women's volleyball squad posted the conference's second highest GPA (3.67). Adelphi's other top GPA team performers on the NE-10 list were women's soccer (3.519) and men's soccer (3.263).



**Looks Like School Spirit:** In October 2015, the Adelphi women's bowling team won the Center for Student Involvement's **#AUWearItWednesdays** Social Media Competition, aimed at bolstering the wearing on campus of Adelphi's colors, brown and gold.

## Nexus Building: Saluting Nursing's Past

David Ranzan, Adelphi's archivist, recently displayed memorabilia on tables in the University Archives—all collected from Alumnae Hall, with some to be displayed in the Nexus Building and Welcome Center upon its completion in March 2016.

Ranzan pointed to such items as an original U.S. Cadet Nurse Corps uniform, hat, shoes and shoulder patches; a 1940s Cadet Nurse Corps doll in uniform with Adelphi's brown and gold colors; and the original dissertation by Mildred Montag, Ph.D., "The Education of Nursing Technicians." Dr. Montag was the founder and director of the then-School of Nursing (1942–1948).

Boxes and plastic bins from College of Nursing and Public Health Dean Patrick Coonan's office also contained: Montag's honorary college degrees and books, including her Bible, Lippincott's Quick Reference Book for Nurses and Florence Nightingale's Notes on Nursing: What It Is, and What It Is Not, as well as Montag family photos, the 1943 Cadet Nurse Corps class picture and a photo of Eleanor Roosevelt speaking at the 1944 dedication of the School of Nursing residence halls, now known as Alumnae Hall and Harvey Hall, respectively.

The College intends to showcase such vintage School of Nursing memorabilia in exhibit display cases primarily on the Nexus Building's third floor, Ranzan said. Smaller displays may be featured throughout the building, he added.



## SEEING IS BELIEVING: TAKE A CAMPUS TOUR

Reading about Adelphi is a great way to learn about us, but visiting our campus is the best way to experience Adelphi.

See for yourself. Stop in for a visit. Talk to an admissions counselor or just stroll around our picturesque Garden City campus, a 75-acre registered arboretum filled with outdoor sculpture, bustling with students and featuring our modern Performing Arts Center and Center for Recreation and Sports, as well as our newest residence hall and the Nexus Building and Welcome Center.

Email [tours@adelphi.edu](mailto:tours@adelphi.edu) to schedule a campus tour.



CAN'T MAKE IT TO CAMPUS? Check out our new interactive campus map at [map.adelphi.edu](http://map.adelphi.edu).



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**CALENDAR OF UPCOMING TRANSFER ADMISSION EVENTS**

(All events are on the Garden City campus.)

TRANSFER ADMISSION DAYS	TRANSFER REGISTRATION DAYS	PANTHER PREVIEW SESSIONS
Tuesday, April 5, 2016	Monday, April 25, 2016	Saturday, May 14, 2016
Thursday, April 7, 2016	Monday, July 18, 2016	Saturday, June 18, 2016
Tuesday, June 14, 2016	Monday, August 22, 2016	Saturday, July 23, 2016
Thursday, June 16, 2016		Saturday, August 27, 2016
Thursday, August 11, 2016		
Tuesday, August 16, 2016		

Visit [admissions.adelphi.edu/transferevents](http://admissions.adelphi.edu/transferevents) to register and find out more about these events.



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